

# YOUR TURN SKI EVENTS WITH LISA DENSMORE BALLARD

## SKIER REGISTRATION FORM

All information will be held in strictest confidence.

EVENT LOCATION: \_\_\_\_\_ DATE: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Years Skiing: \_\_\_\_\_ Age: \_\_\_\_\_

Circle one

Have you participated in one of Lisa's ski clinics? YES NO

If so, where: \_\_\_\_\_ what year(s)? \_\_\_\_\_

The following information will be used to place you with a group of skiers who have similar interests and abilities.

Skiing Pace: (Check one)

- \_\_\_\_\_ 1. I'm very cautious all the time and ski at a slower pace than most other skiers.  
\_\_\_\_\_ 2. I ski at a moderate pace, unless the conditions, visibility or terrain is challenging.  
\_\_\_\_\_ 3. I ski at the same as the average skier on the slopes.  
\_\_\_\_\_ 4. I love to ski fast! I often pass other skiers on the slopes.

Skiing Ability: (Check one)

- \_\_\_\_\_ 1. Intermediate: I ski on easy to moderate groomed slopes. I use a wide parallel stance. Sometimes I have to use a wedge or step to enter a turn. I have no idea what to do with my ski poles.  
\_\_\_\_\_ 2. Strong Intermediate: I ski mainly on the groomed slopes. My skis are parallel, except when I get nervous or the snow conditions are difficult. My pole plant needs some help. I want to improve my confidence while exploring new terrain.  
\_\_\_\_\_ 3. Advanced: My skis are always parallel. I can ski expert terrain, although I am not always smooth and graceful on the steeper trails, especially in difficult snow conditions or if I encounter deep powder, ice, or bumps. I can make short turns down the fall-line or big turns across the hill at will. I can easily control my speed.  
\_\_\_\_\_ 4. Expert: I am a confident skier. I make strong, parallel turns anywhere on the mountain, regardless of snow conditions and the terrain. I want to fine-tune my skills.

Special Interests

Please check all that apply:

\_\_\_\_\_ Racing \_\_\_\_\_ Moguls \_\_\_\_\_ Powder \_\_\_\_\_ Other: \_\_\_\_\_

Is there another person(s) with whom you would like to ski? \_\_\_\_\_

Do you have a health condition(s) that inhibits your skiing ability? \_\_\_\_\_